

Wellbeing Strategy 25-26

Priority	Baseline Context & ADP link	Action Steps
1. Staff Voice, Knowledge & Professional Development (<i>Theme 6 & ADP Curriculum</i>)	- Only 28.8% of staff feel encouraged to be open about feelings. - Only 35.6% feel comfortable discussing mental health at school. - ADP mandates ensuring staff have secure subject knowledge to motivate pupils and teach effectively.	Deliver high-quality training and curriculum resources so staff can effectively teach emotional and digital well-being. Clearly publish internal (MHFA) and external support routes to foster psychological safety. Implement Team Teach and Therapeutic Thinking Training
2: Digital Well-being, Online Safety & Pupil Empowerment (<i>Theme 3, Theme 6 & ADP Safety</i>)	- Pupils show high empathy (81.9% feel they can make a difference). - Structured digital habits and safety reporting must be strengthened to reduce online incidents (ADP target).	PSHE Curriculum audit Parent Workshops on Digital Strategy Expand Wellbeing Ambassadors, buddy benches, and digital safety champions.
3: Training, Capacity & Behaviour Support (<i>Theme 4 & Operational Capacity</i>)	- Playtime and classroom behaviour highlighted as a pressure on staff morale. - Only 39.0% of staff know what to do when observing distress in others. - Only 28.8% rate pupil support positively. - Requests made for First Aid, MHFA, and ELSA training.	Secure targeted training for Mental Health First Aiders and ELSA staff. Review behaviour procedures across playtimes/classrooms; provide refresher training and visible SLT presence. Updated Behaviour policy by September 2026
4: Parent Engagement & Communication Pathways (<i>Theme 3 & Theme 4</i>)	73.1% of parents know who to contact if a pupil is unhappy. 69.6% feel comfortable speaking to the school.	Host coffee mornings/sessions on online safety at home, digital well-being, SEND dysregulation and school support routes.