



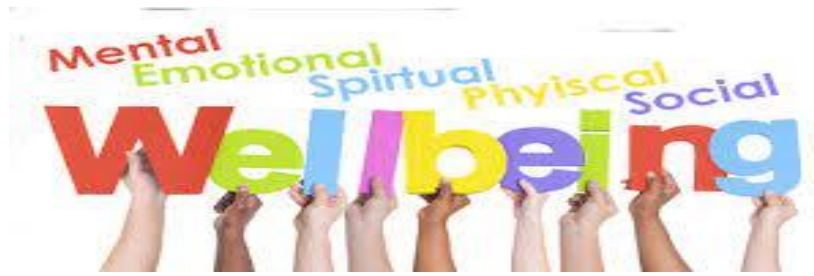
Student Well-Being Vision Statement 2025-2026

Student Well-Being Vision Statement at Lake Farm Park Academy, we have a whole school approach to well-being where we all value, promote and teach well-being. Our whole community understand the importance of well-being and how it impacts our students' lives, and their progress and attainment. We aim to develop learners that are caring, kind, understanding, nurturing, resilient, confident and have positive outlooks on life and the world around them. LFPA aspire to have our students leaving our school with a positive well-being attitude and wellbeing knowledge to support and guide them in their future and in the wider community.

We pride ourselves on the many ways that we teach our students about well-being.

At LFPA, we: - Participate in

- Children's Mental Health Week
- Mental Health Awareness Week
- World Mental Health Day
- Anti-Bullying Week
- Deliver discrete lessons on wellbeing, embedded within our PSHE scheme and covered through Votes for Schools.
- Incorporate targeted wellbeing topics, such as World Oral Health Day, into the curriculum.
- Organise half-termly wellbeing activities across the school.
- Provide engaging wellbeing activities for pupils to complete at home.
- Lead regular assemblies focused on promoting mental health and wellbeing.
- Facilitate Nurture and ELSA groups to build pupils' social skills and emotional resilience.
- Run Lego Therapy sessions to develop pupils' communication skills in social situations.
- Deploy Learning Mentors to help pupils build strategies for overcoming behavioural, social, and emotional challenges.
- Equip pupils with the knowledge of where and who to go to when they need help or support.



Emotional Wellbeing and Mental Health Support at LFPA

At LFPA, we are committed to providing comprehensive mental health and emotional wellbeing support tailored to our pupils' needs. Our dedicated, multi-disciplinary pastoral support team includes:

- **Mental Health First Aid:** 3 certified members of staff
- **ELSA (Emotional Literacy Support Assistants):** 4 trained staff members
- **Life Skills Programme:** 8 staff members trained to deliver targeted wellbeing support
- **Bereavement Counselling:** 2 specially trained staff members

To encourage open communication, every classroom is equipped with a dedicated 'Feelings Box.' This allows pupils to confidentially share any worries or concerns, fostering a safe environment where children feel heard and supported in managing their emotional wellbeing.