

Dear parents/carers,

Last week was Mental Health Awareness Week— an ideal time for us all to think about mental health, tackle stigma, and find out how we can create a society that prevents mental health problems from developing and protects our mental well-being. The children marked this day by wearing something Green on this day.

Thank you to the parents who supported the Key Stage 1 and Key Stage 2 children to prepare towards their SATs tests. I am enormously appreciate of the teachers and support staff who were in school to get the breakfast ready for children when they arrived at 8 am.

Year 4 will be preparing for their Multiplication test this term. The purpose of this test is to determine if pupils can recall their times tables fluently, which is essential for future success in Mathematics. Key Stage 1 children will also be taking part in the Phonics test this term.

Finally the childhood promise trips including our first ever Year 6 residential trip will be taking place. Children have also been practising for their Sports days and we look forward to seeing parents/carers encouraging the children and taking part in the Parents/Carers races.

Brilliant parenting workshop is for parents/carers of pupils in Reception classes so attendance is crucial. Brilliant Parenting wants parents to understand the negative effects to coercive parenting and how it can damage self-confidence in the parent and self-esteem in the child. Effective strategies will be shared.

Warm regards Ms H Buttar

Events—Curriculum and Special Days



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6th June 2023—Early Years Tooth brushing Programme starts

9th June 2023 to 12th June —Year 6 PGL trip

15th June 2023—Year 2 trip to London Eye & Sea Life London

19th June 2023—Nursery Sports day

20th June 2023—Reception Sports day

21st June 2023—Year 1, Year 2 and Year 3 Sports day

22nd June 2023—Year 4, Year 5 and Year 6 Sports day

Year 2 Class assemblies :

09th June 2023— Badger class

16th June 2023—Otter Class

23rd June 2023—Fox Class

Stay and read for Reception and Key Stage 1

- Monday - 08:45am to 08:55am -Stay and Read session for Reception, Year 1 and Year 2
- Wednesday - 08:45am-08:55am - Stay and Read session-Reception, Year 1 Year 2
- Friday - 08:45am 08:55am -Stay and Read session Reception, Year 1 and Year 2

Mental Health Awareness day
On Thursday 18th of May 2023 is 'Wear it Green Day' this is to recognise Mental Health Awareness Week.





Parent Champions we need you!

If you have a heart for your community, and can understand and show compassion towards the challenges of raising teenagers today, then could this be the volunteering opportunity you are looking for?

Flexibility to volunteer days/evenings/weekends
All from the comfort of your own home
The role requires one hour each week plus training

This excellent volunteering programme enables you to:

- Support a parent for one hour each week**
- Listen actively and create a safe space for the parent to offload their feelings**
- Build a strong knowledge of your community**
- Help someone who may otherwise feel isolated to feel connected**
- Share positive parenting principles**
- Monitor and record your progress**
- Encourage self-care and wellbeing**

The Parent Champion programme is a Hillingdon based peer to peer support network, for parents of teenagers who may be experiencing any of the following: School refusal; Persistent disruptive behaviour in school; Alienation from family members of peers; Vulnerability due to additional needs; Involved in substance misuse; Mental ill health



Please contact Sarah on 07495 024 449
sarah.rust@brilliantparents.org
www.brilliantparents.org/parent-champions



TRANSITION SUPPORT FOR YOU AND YOUR CHILD

For parents of Year 6 to Year 7 students who are experiencing any of the following challenges:

- School Refusal
- Persistent disruptive behaviour in school
- Alienation from family members or peers
- Vulnerability due to additional needs
- Involved in substance misuse
- Social, emotional or mental ill health



Moving from Junior to Secondary school can sometimes be an extremely challenging time, for the child, and their parents or carers to navigate. If a child is already experiencing some challenges in a Primary school setting, getting some additional support as they move to Secondary education can make all the difference.

If you think you may need some support during your child's transition to secondary school, Brilliant Parents can provide you with a Parent Champion. They will provide you with non-judgemental support over six weekly check-ins for up to an hour via a phone/zoom chat, at a time that suits you.

You can register at www.brilliantparents.org/parent-champions
Please call Sarah on 07495 024 449 or email
sarah.rust@brilliantparents.org for further information.

WHOLE SCHOOL ATTENDANCE



Top Attendance for the Week commencing 08/05/2023

	Week Commencing 08/05/2023	
1	Year 6: Zaha Hadid	100.0%
2	Year 6: Renzo Piano	99.1%
3	Year 5: Maryam Mirzakhani	98.8%
4	Year 6: Norman Foster	98.7%
5	Reception: Ladybird	98.3%
5	Year 2: Badger	98.3%
5	Year 2: Fox	98.3%
6	Year 3: Cressida Cowell	97.8%
7	Year 3: Maya Angelou	97.5%
8	Year 5: Archimedes	95.8%
9	Year 1: Rabbit	95.4%
10	Year 3: Charles Dickens	95.3%
11	Year 4: Nikola Telsa	95.0%
12	Year 1: Squirrel	94.2%
13	Year 2: Otter	93.8%
14	Reception: Butterfly	93.3%
14	Year 4: Charles Darwin	93.3%
15	Year 4: Marie Curie	90.5%
16	Reception: Grasshopper	90.4%
17	Year 5: Katherine Johnson	88.8%
18	Year 1: Mole	86.7%

Top Attendance for the Week commencing 15/05/2023

	Week Commencing 15/05/2023	
1	Year 3: Maya Angelou	99.3%
2	Year 2: Otter	98.5%
3	Year 6: Renzo Piano	98.4%
4	Year 3: Cressida Cowell	98.1%
5	Year 6: Zaha Hadid	97.6%
6	Year 4: Nikola Telsa	97.4%
7	Year 5: Katherine Johnson	97.2%
8	Year 2: Fox	97.0%
9	Year 2: Badger	95.9%
10	Year 5: Maryam Mirzakhani	95.6%
11	Year 5: Archimedes	95.2%
12	Year 4: Charles Darwin	94.5%
13	Year 4: Marie Curie	94.3%
14	Reception: Grasshopper	93.4%
15	Year 1: Rabbit	92.6%
16	Year 3: Charles Dickens	91.2%
17	Year 1: Mole	88.7%
18	Reception: Ladybird	88.6%
19	Year 1: Squirrel	87.8%
20	Year 6: Norman Foster	84.6%
21	Reception: Butterfly	84.4%

Top Attendance for the Week commencing 22/05/2023

	Week Commencing 22/05/2023	
1	Year 2: Otter	98.1%
2	Reception: Grasshopper	97.4%
3	Year 2: Badger	97.0%
4	Year 2: Fox	95.6%
5	Year 3: Cressida Cowell	95.4%
6	Year 3: Maya Angelou	94.8%
7	Reception: Butterfly	93.7%
7	Year 6: Zaha Hadid	93.7%
8	Year 6: Renzo Piano	93.5%
9	Year 1: Mole Class	92.6%
9	Year 4: Nikola Telsa	92.6%
10	Year 4: Marie Curie	92.5%
11	Year 5: Maryam Mirzakhani	92.3%
12	Year 5: Archimedes	92.2%
13	Year 6: Norman Foster	92.0%
14	Year 1: Rabbit Class	91.9%
15	Year 3: Charles Dickens	91.3%
16	Reception: Ladybird	91.2%
17	Year 5: Katherine Johnson	90.6%
18	Year 1: Squirrel	90.0%
19	Year 4: Charles Darwin	86.8%



Attendance Reminders

Lake Farm Park Academy has high expectations for every student from the moment they join our school. Children have the right to a high quality education and we provide this at Lake Farm Park Academy. High attendance is necessary to ensure that your child benefits fully from the learning opportunities on offer and to ensure they leave school having developed positive lifelong habits and as well rounded individuals.

Medical Appointments

Appointments, where possible, should be made outside of school hours or in the holiday period. This includes routine dental appointments. If this is unavoidable, your child should still attend school before or after the appointment where possible. Any session missed that was deemed reasonable to attend will be marked as unauthorised leave.

Absence Requests

Absence requests will only be considered for exceptional circumstances and these are dealt with on an individual basis.

What to do if your child cannot attend school:

Absence must be reported on a daily basis. You must contact the school (**before 9.00am**) on the first day of absence. This can be done by emailing

lfpaoffice@theparkfederation.org or by calling the school number 02085732622 option 1. Please leave the Child's name, class and the reason why they cannot attend school. If they are ill, please give a clear explanation of their condition. **For a prolonged absence due to illness, medical evidence will be requested.** This can be in the form of a prescription, medical paperwork or an appointment card/letter.



Lake Farm Park Academy

Learning, Achieving, Aspiring Together

PUNCTUALITY

How does this affect children?

If your child arrives late in school, he / she misses the teacher's instructions and the introduction to the lesson. They also disturb the learning of other students as the teacher has to acknowledge the lateness and go through the lesson with the child. Did you know how much learning children might miss out due to lateness?

Minutes late per day during school year	Equal days of teaching lost in a year
5 minutes	3.4 days
10 minutes	6.9 days
15 minutes	10.3 days
20 minutes	13.8 days
30 minutes	20.7 days

What can we do to help?

Ensure your child arrives on time. Children are able to come onto the school grounds at 8:30am or book them in the breakfast club through Get Active

Prepare for school the night before, including your book bag, lunch and uniform etc.

Punctuality is important for children to start the day well but also a good habit for life. If you need support or advice about punctuality please contact Miss. Dickerson or email

lfpaoffice@theparkfederation.org



Congratulations to Abdullah in Year 5. He has won 2 Bronze Medals in U11 Male group Synchronisation and U11 Pair in the London Taekwondo Open Championship. Well done!

Abdullah also took part in a Middlesex U11 Schools Cricket competition where he played against the visiting team from Switzerland. Abdullah took the two wickets for 11 runs and won the game.