



**Brilliant  
Parents**  
Transforming  
Children's Lives

# Triple P Group Course



**Oak Farm Infant School, Windsor Avenue, Uxbridge UB10 9PD**  
**Triple P - Six-week course**  
**Tuesday 5<sup>th</sup> October 2021 - Tuesday 16<sup>th</sup> November 2021**  
**(Excluding half term 26<sup>th</sup> October)**  
**12.30pm – 2.30pm**

## IS THIS YOUR FAMILY?

You want to create the happiest home life you can. You may have a few concerns about your child's behaviour - perhaps there's disobedience or you simply want to find out how to set up better routines for mealtimes or bedtimes. Whatever it is, you're interested in learning more about positive parenting and how you can apply it to your family.

Triple P (Positive Parenting Programme) is an approach to raising children that aims to promote children's development and manage children's behaviour in a constructive and non-hurtful way. It is based on the use of good communication and positive attention to help children develop.

This six-week Triple P course will enable you to learn more about positive parenting and how you can apply it to your family. If you're ready for a more in-depth look at parenting strategies that really work, then this course is for you.

**For further information - please contact  
Annmarie Fevrier on 020 3490 7007 or  
email  
[enquiries@brilliantparents.org](mailto:enquiries@brilliantparents.org)**