


# Supporting parents and carers of neurodiverse children: How to deal with change and loss



Located at Lansdowne  
House (Harlington  
Hospice, UB3 5AB)  
and online.

10.30am - 12pm  
Free to attend.

## Group Sessions:

**Thursday 30th March** – “Loss, change  
and neurodiversity”

**Thursday 27th April** – “Coping with  
challenging behaviours: what I can do  
as a parent”

**Thursday 25th May** – “Family traditions  
and beliefs in managing grief”

**Thursday 29th June** – “Communication:  
conversations within families and beyond”

It is recommended that all sessions  
are attended as a series.

## In a safe supportive space, these group sessions will explore:

- Understanding children and young people’s reactions to change and loss
- Learn ways of coping with challenging behaviours
- Develop new communication skills
- Examine ways of adapting to changes in a safe and supportive environment



Please visit [harlingtonhospice.org/neurodiversity-and-grief](https://harlingtonhospice.org/neurodiversity-and-grief) for more information

**To register, please email [cabsreferrals@harlingtonhospice.org](mailto:cabsreferrals@harlingtonhospice.org)**